

OXFORDSHIRE ATHLETICS ASSOCIATION

GIRLS UNDER 13 YEARS AGE GROUP.

EVENT	Name	Surname	Performance	Venue	Date	Club	County
75m							
1	Leanne	Spurway	10.60	Oxford (H)	06 May 2007	Rad	Oxon
2	Kim	Sutherland	10.70	Bournemouth	22 July 2007	Rad	Oxon
	Megan	Davies	10.80	Banbury	22 July 2007	Bic	Oxon
4	Olivia	Dobson	11.20	Salisbury	24 June 2007	Rad	Oxon
5	Martha	Curtis	11.30	Kingston	20 May 2007	Oxf C	Oxon
6	Tilly	Vaughn-Fowler	11.40	Kingston	20 May 2007	Oxf C	Oxon
7	Phoebe	Ottomar	11.70	Southampton	06 May 2007	Bic	Oxon
	Jade	Braithwaite	11.70	Oxford (H)	03 June 2007	Abing	Oxon
	Stephanie	Garrick	11.70	Watford	22 July 2007	Abing	Oxon
	Jennie	Weston	11.70	Reading	03 June 2007	Banb	Oxon
100m							
1	Verity	Shayler	13.30	Brierley Hill		Wit	Oxon
2	Leanne	Spurway	13.70	Horsham	02 June 2007	Rad	Oxon
	Kim	Sutherland	13.70	Perivale		Rad	Oxon
4	L	Dowling	14.10	Radley	10 June 2007		Oxon
5	S	Akoponden	14.40	Radley	10 June 2007		Oxon
6	M	Keough	14.50	Radley	10 June 2007		Oxon
7	E	Cullingworth	14.70	Radley	10 June 2007		Oxon
	Sarah	Leatham	14.70	Horsham	01 July 2007	Oxf C	Oxon
	Kathy	Clitherow	14.70	Abingdon		Rad	Oxon
10	Georgia	Nurden	14.80	Oxford (H)	10 June 2007	Banb	Oxon
	Jodie	Major	14.80	Perivale		Rad	Oxon
150m							
1	Leanne	Spurway	20.10	Bournemouth	22 July 2007	Rad	Oxon
2	Verity	Shayler	20.40	Cheltenham	04 July 2007	Wit	Oxon
3	Kim	Sutherland	21.10	High Wycombe	03 June 2007	Rad	Oxon
4	Tilly	Vaughn-Fowler	22.00	Kingston	20 May 2007	Oxf C	Oxon
5	Olivia	Dobson	22.60	Guildford	20 May 2007	Rad	Oxon
	Hannah	Cousins	22.60	Reading	03 June 2007	Banb	Oxon
7	Megan	Davies	22.80	Salisbury	24 June 2007	Bic	Oxon
8	Stephanie	Garrick	23.30	Watford	22 July 2007	Abing	Oxon
9	Jennie	Weston	23.50	Southampton	06 May 2007	Banb	Oxon
10	Rebecca	Bryen	23.60	Watford	22 July 2007	Oxf C	Oxon
200m							
1	Verity	Shayler	28.00	Oxford (H)	10 June 2007	Wit	Oxon
2	Leanne	Spurway	28.20	Plymouth	19 May 2007	Rad	Oxon
3	Kim	Sutherland	28.30	Perivale		Rad	Oxon
4	Sophie	Biegel	29.30	Brierley Hill		Banb	Oxon
5	Connie	McMillan	29.50	Oxford (H)	13 May 2007	Banb	Oxon
6	Martha	Curtis	29.80	Oxford (H)	10 June 2007	Oxf C	Oxon
7	Nicola	Hewett	30.60	Oxford (H)	10 June 2007	Banb	Oxon
	Kathy	Clitherow	30.60	Abingdon		Rad	Oxon
9	Brianna	Douglas	30.80	Abingdon		Oxf C	Oxon
10	Tilly	Vaughn-Fowler	31.00	Oxford (H)	13 May 2007	Oxf C	Oxon
800m							
1	Connie	McMillan	2.27.30	Banbury		Banb	Oxon
2	Lauren	Hawtin	2.35.98	Watford	30 May 2007	Oxf C	Oxon
3	Rebecca	Bryen	2.37.20	Oxford (H)	10 June 2007	Oxf C	Oxon
4	Kathy	Clitherow	2.37.40	Abingdon		Rad	Oxon
5	Jess	Anstice	2.41.70	Rugby	17 June 2007	Oxf C	Oxon
6	Hannah	Bryen	2.41.80	Watford	22 July 2007	Oxf C	Oxon
7	Lucy	Webb	2.43.70	Watford	22 July 2007	Abing	Oxon
8	Sara	Elkirate	2.44.10	Abingdon		Rad	Oxon
9	Jennie	Weston	2.44.40	Bracknell	20 May 2007	Banb	Oxon
10	Imogen	Kempton	2.45.50	Radley	10 June 2007	Oxf C	Oxon
1200m							
1	Connie	McMillan	3.57.90	Bracknell	20 May 2007	Banb	Oxon
2	Lauren	Hawtin	4.05.10	Kingston	20 May 2007	Oxf C	Oxon
3	Rebecca	Bryen	4.08.50	Kingston	20 May 2007	Oxf C	Oxon

4	Imogen	Van Zyl	4.21.30	Oxford (H)	01 July 2007	Oxf C	Oxon
5	Beth	Powell	4.26.90	Salisbury	24 June 2007	Banb	Oxon
6	Jess	Anstice	4.30.30	Watford	06 May 2007	Oxf C	Oxon
7	Jessica	East	4.32.10	Bournemouth	22 July 2007	Rad	Oxon
8	Sara	Elkirate	4.32.40	Oxford (H)	01 July 2007	Oxf C	Oxon
9	Molly	Warne	4.35.60	Oxford (H)	01 July 2007	Abing	Oxon
10	Lucy	Webb	4.37.20	Oxford (H)	03 June 2007	Abing	Oxon

1500m

1	Connie	McMillan	4.57.10	Kingston	29 July 2007	Banb	Oxon
2	Lauren	Hawtin	5.20.40	Rugby	17 June 2007	Oxf C	Oxon
3	Rebecca	Bryen	5.22.80	Oxford (H)		Oxf C	Oxon
4	Imogen	Kempton	5.25.70	Abingdon		Oxf C	Oxon
5	Imogen	Van Zyl	5.32.90	Abingdon		Oxf C	Oxon
6	Jessica	East	5.40.30	Abingdon		Rad	Oxon
7	Jess	Anstice	5.47.30	Oxford (H)	13 May 2007	Oxf C	Oxon
8	Molly	Warne	5.50.80	Oxford (H)	13 May 2007	Abing	Oxon
9	Ellie	Dykes	6.05.00	Oxford (IR)	16 May 2007	WHH	Oxon

70m Hurdles

1	Connie	McMillan	12.30	Salisbury	24 June 2007	Banb	Oxon
2	Ella	Johnson-Watts	13.10	Watford	22 July 2007	Oxf C	Oxon
3	Maike	Chapel	13.20	Oxford (H)	10 June 2007	Oxf C	Oxon
4	Tilly	Vaughn-Fowler	13.40	Watford	22 July 2007	Oxf C	Oxon
5	Adela	Hussain	13.60	Tamworth		Oxf C	Oxon
6	Sophie	Biegel	13.70	Oxford (H)	01 July 2007	Banb	Oxon
7	Abbie	Rodger	13.90	Banbury	27 May 2007	Oxf C	Oxon
8	Hannah	Cousins	14.20	Salisbury	24 June 2007	Banb	Oxon
9	Jennie	Weston	14.70	Oxford (H)	12 May 2007	Banb	Oxon
10	Martha	Curtis	14.90	Kingston	20 May 2007	Oxf C	Oxon

High Jump

1	Maike	Chapel	1.40	Oxford (H)	03 June 2007	Oxf C	Oxon
2	Connie	McMillan	1.37	Oxford (H)	01 July 2007	Banb	Oxon
3	Jennie	Weston	1.35	Banbury	20 May 2007	Banb	Oxon
4	Tilly	Vaughn-Fowler	1.30	Watford	22 July 2007	Oxf C	Oxon
	Sophie	Henderson	1.30	Abingdon		Rad	Oxon
6	Martha	Curtis	1.26	Kingston	20 May 2007	Oxf C	Oxon
7	Hannah	Cousins	1.25	Southampton	06 May 2007	Banb	Oxon
	Leanne	Spurway	1.25	Guildford	20 May 2007	Rad	Oxon
9	Lucy	Webb	1.20	Abingdon	10 June 2007	Abing	Oxon
	Anna	Phipps	1.20	Oxford (H)		Oxf C	Oxon

Long Jump

1	Kim	Sutherland	4.56	Oxford (H)	12 May 2007	Rad	Oxon
2	Tilly	Vaughn-Fowler	4.50	Watford	22 July 2007	Oxf C	Oxon
3	Leanne	Spurway	4.45	Radley	15 May 2007	Rad	Oxon
4	Connie	McMillan	4.42	Abingdon		Banb	Oxon
5	Verity	Shayler	4.35	Brierley Hill		Wit	Oxon
6	Georgia	Nurden	4.32	Abingdon		Banb	Oxon
7	C	Chaplin	4.12	Birmingham	02 July 2007		Oxon
8	Maike	Chapel	4.11	Oxford (H)	10 June 2007	Oxf C	Oxon
	E	Cullingworth	4.11	Radley	10 June 2007		Oxon
10	Jennie	Weston	4.10	Oxford (H)	10 June 2007	Banb	Oxon

Shot (2.72kg)

1	Emma	O'Hara	8.41	Abingdon		Rad	Oxon
2	E	Quainton	7.35	Radley	10 June 2007		Oxon
3	Jodie	Major	6.80	Bournemouth	22 July 2007	Rad	Oxon
4	Jess	Anstice	6.69	Watford	22 July 2007	Oxf C	Oxon
5	L	Keys	6.62	Radley	10 June 2007		Oxon
6	Hannah	Bryen	6.16	Oxford (H)		Oxf C	Oxon
7	Nicola	Hewitt	6.06	Brierley Hill		Banb	Oxon
8	Jennie	Weston	6.04	Abingdon		Banb	Oxon
9	E	Beard	5.95	Radley	10 June 2007		Oxon
10	Megan	Davies	5.81	Banbury	22 July 2007	Bic	Oxon

Discus (0.75kg)

1	Emma	O'Hara	24.45	Abingdon		Rad	Oxon
2	Georgia	Nurden	21.93	Banbury		Banb	Oxon
3	Megan	Davies	18.40	Oxford (H)	01 July 2007	Bic	Oxon
4	Lucia	Revell	17.21	Oxford (H)		Oxf C	Oxon
5	Jess	Anstice	15.70	Oxford (H)		Oxf C	Oxon

6	Alicia	Workman	15.05	Banbury		Banb	Oxon
7	Hannah	Cousins	14.84	Kingston	29 July 2007	Banb	Oxon
8	Natalie	Welch	14.13	Abingdon		Rad	Oxon
9	Ashley	Orbell-Durrant	13.39	Oxford (H)		Oxf C	Oxon
10	Verity	Shayler	13.05	Bournemouth	20 May 2007	Wit	Oxon

Javelin (400g)

1	Nicola	Hewitt	25.81	Abingdon		Banb	Oxon
2	Georgina	Nurden	23.00	Abingdon		Banb	Oxon
3	F	Peake	21.74	Birmingham	02 July 2007		Oxon
4	Tilly	Vaughn-Fowler	21.58	Kingston	29 July 2007	Oxf C	Oxon
5	Jennie	Weston	16.56	Banbury	27 May 2007	Banb	Oxon
6	Verity	Shayler	15.51	Oxford (H)	12 May 2007	Wit	Oxon
7	Phoebe	Ottomar	15.21	Abingdon		Bic	Oxon
8	Lucia	Revell	14.68	Oxford (H)		Oxf C	Oxon
9	Emma	O'Hara	13.85	Abingdon		Rad	Oxon
10	Jodie	Major	13.58	Bournemouth	28 April 2007	Rad	Oxon

Pentathlon

OXFORDSHIRE ATHLETICS ASSOCIATION

GIRLS' UNDER 15 YEARS AGE GROUP

EVENT	Name	Surname	Performance	Venue	Date	Club	County
100m							
UK TARGET: 12.35							
1	Rebecca	Hussey	12.40	Eastbourne	19 May 2007	Oxf C	Oxon
SOUTH EAST TARGET: 12.8							
2	Jemma	Gregory	12.90		01 June 2007	Abing	Oxon
3	Rebecca	Littlewood	13.20	Radley	10 June 2007	Oxf C	Oxon
4	Nionah	Ntaranga	13.30	Tamworth		Oxf C	Oxon
5	Shanna	Parker	13.40	Banbury	08 July 2007	Banb	Oxon
6	Emily	Carstairs	13.50	Braunton	02 June 2007	Oxf C	Oxon
	Grace	Taylor	13.50	Salisbury	24 June 2007	Rad	Oxon
8	Evie	Boyd	13.60	Banbury	08 July 2007	Banb	Oxon
	Susan	Keet	13.60	Perivale		Rad	Oxon
10	Sophie	Bannerjee	13.70	Salisbury	24 June 2007	Rad	Oxon
200m							
UK TARGET: 25.45							
1	Rebecca	Hussey	26.00	Radley	10 June 2007	Oxf C	Oxon
SOUTH EAST TARGET: 26.2							
2	Jade	Williams	26.50	Salisbury	24 June 2007	Rad	Oxon
3	Nicole	Burger	26.90	Banbury	22 July 2007	Bic	Oxon
4	Jemma	Gregory	27.10	Bournemouth	19 May 2007	Abing	Oxon
5	Rebecca	Littlewood	27.50	Rugby	17 June 2007	Oxf C	Oxon
6	Susan	Keet	27.70	Radley	10 June 2007	Rad	Oxon
	Danielle	Anderson	27.70	Radley	10 June 2007	Oxf C	Oxon
	Evie	Boyd	27.70	Banbury	08 July 2007	Banb	Oxon
9	Caleisha	Cole	27.80	Oxford (H)	13 May 2007	Chen	Oxon
	Emily	Carstairs	27.80	Radley	10 June 2007	Oxf C	Oxon
300m							
1	Jennifer	Sutherland	43.90	Abingdon		Rad	Oxon
2	Danielle	Anderson	44.40	Bournemouth	22 April 2007	Oxf C	Oxon
3	Jemma	Gregory	45.20	Oxford (H)	01 July 2007	Abing	Oxon
4	Emily	Carstairs	45.70	Banbury	27 May 2007	Oxf C	Oxon
5	Susan	Keet	46.20	Abingdon		Rad	Oxon
6	Shona	Stanley	47.40	Oxford (H)	01 July 2007	Wit	Oxon
7	Hannah	Jarvis	48.20	Abingdon		Wit	Oxon
8	Georgina	Sopp	48.80	Bournemouth	10 June 2007	Gor & Wall	Oxon
9	Rosie	Kingston	49.10	Abingdon		Bic	Oxon
10	Ellie	Burns	49.20	Bournemouth	10 June 2007	Gor & Wall	Berks
800m							
1	Jade	Williams	2.14.34	Newport	21 July 2007	Rad	Oxon
UK TARGET: 2:15.0							
SOUTH EAST TARGET: 2:19.0							
2	Melissa	Hawtin	2.19.26	Watford	30 May 2007	Oxf C	Oxon
3	Jennifer	Sutherland	2.23.47	Watford		Rad	Oxon
4	Beth	Swords	2.23.90	Manchester (Str)	24 July 2007	Oxf C	Oxon
5	Ellie	Clarke-Jacques	2.26.10	Rugby	17 June 2007	Oxf C	Oxon
6	Danielle	Anderson	2.27.30	Braunton	17 June 2007	Oxf C	Oxon
7	Amy	Cooper	2.29.50	Oxford (H)	01 July 2007	Oxf C	Oxon
8	Rosie	Jackson	2.33.61	Abingdon		Rad	Oxon
9	Susan	Keet	2.36.80	Radley	15 May 2007	Rad	Oxon
10	Shona	Stanley	2.37.50	Stourport		Wit	Oxon
1500m							
1	Melissa	Hawtin	4.40.80	Rugby	17 June 2007	Oxf C	Oxon
UK TARGET: 4.41.0							
2	Jade	Williams	4.44.90	Salisbury	24 June 2007	Rad	Oxon
SOUTH EAST TARGET: 4.50.0							
3	Beth	Swords	4.51.62	Watford	19 May 2007	Oxf C	Oxon
4	Jennifer	Sutherland	4.59.71	Copthall		Rad	Oxon
5	Jade	Walker	5.12.60	Kingston	20 May 2007	Oxf C	Oxon
6	Ellie	Clarke-Jacques	5.12.70	Oxford (H)		Oxf C	Oxon
7	Beth	Warne	5.13.20	Oxford (H)	13 May 2007	Abing	Oxon
8	Rosie	Jackson	5.21.70	Oxford (H)	01 July 2007	Rad	Oxon

9	Danielle	Anderson	5.21.60	Eastbourne	19 May 2007	Oxf C	Oxon
10	A	Stewart	5.33.50	Radley	10 June 2007		Oxon

3000m

1	Melissa	Hawtin	10.05.30	Watford	25 July 2007	Oxf C	Oxon
2	Jade	Walker	11.09.92	Watford	25 July 2007	Oxf C	Oxon

75m Hurdles

UK TARGET: 11.4

SOUTH EAST TARGET: 12.0

1	Rebecca	Littlewood	12.10	Rugby	17 June 2007	Oxf C	Oxon
2	Louise	Brown	12.15	Abingdon		Rad	Oxon
3	Rosie	Kingston	12.20	Abingdon		Bic	Oxon
4	Jemma	Gregory	12.40	Abingdon		Abing	Oxon
5	Susan	Huxtable	12.50	Radley	10 June 2007		Oxon
6	Grace	Taylor	12.80	Hemel Hempstead	28 April 2007	Rad	Oxon
	Emily	Carstairs	12.80	Rugby	17 June 2007	Oxf C	Oxon
8	Lily	Cartwright	13.20	Abingdon		Abing	Oxon
9	Rebecca	Hussey	13.40	Watford	22 July 2007	Oxf C	Oxon
10	Grace	Gallacher	13.80	Radley	10 June 2007		Oxon

High Jump

UK TARGET: 1.65m

SOUTH EAST TARGET: 1.55m

1	Sarah	Dutton	1.60	High Wycombe	03 June 2007	Rad	Oxon
2	Rebecca	Littlewood	1.53	Tamworth		Oxf C	Oxon
3	Grace	Taylor	1.50	Hemel Hempstead	28 April 2007	Rad	Oxon
	Louise	Brown	1.50	Horsham	02 June 2007	Rad	Oxon
5	Jemma	Gregory	1.45	Bournemouth	28 April 2007	Abing	Oxon
6	Rebecca	Gambrell	1.43	Banbury	22 July 2007	Bic	Oxon
7	Lily	Cartwright	1.40	Watford	06 May 2007	Abing	Oxon
8	Emily	Moore	1.35	Abingdon		Oxf C	Oxon
	Rosie	Jackson	1.35	Guildford	20 May 2007	Rad	Oxon
	Tori	Strange	1.35	Bournemouth	10 June 2007	Gor & Wall	Oxon
	Emily	Carstairs	1.35	Kings Lynn		Oxf C	Oxon

Pole Vault

UK TARGET: 2.61m

SOUTH EAST TARGET: 2.60m

1	Sarah	Dutton	2.00	Abingdon		Rad	Oxon
2	Sophie	Henderson	1.45	Abingdon		Rad	Oxon

Long Jump

UK TARGET: 5.38m

SOUTH EAST TARGET: 4.90m

1	Shana	Parker	4.98	Banbury	22 July 2007	Banb	Oxon
2	Amy	Chivers	4.89	Rugby	17 June 2007	Oxf C	Oxon
3	Rebecca	Littlewood	4.80	Exeter		Oxf C	Oxon
4	Emily	Carstairs	4.73	Radley	10 June 2007	Oxf C	Oxon
5	Sian	Huxtable	4.73	Walton	02 June 2007	Wyc P	Bucks
6	Susan	Keet	4.71	Perivale		Rad	Oxon
7	Louise	Brown	4.69	Perivale		Rad	Oxon
8	Emily	Moore	4.63	Abingdon		Oxf C	Oxon
9	Lily	Cartwright	4.65	Kingston	20 May 2007	Abing	Oxon
10	Sarah	Dutton	4.53	Plymouth	19 May 2007	Rad	Oxon

Shot (3.25kg)

UK TARGET: 11.20m

SOUTH EAST TARGET: 9.50m

1	Rebecca	Littlewood	8.76	Oxford (H)	12 May 2007	Oxf C	Oxon
2	Lauren	Mullins	8.64	Abingdon		Abing	Oxon
3	L	Perry	8.06	Radley	10 June 2007		Oxon
4	Lucy	Paley	8.01	Abingdon		Rad	Oxon
5	Nionah	Ntaranga	7.92	Abingdon		Oxf C	Oxon
6	Becky	Gregory	7.61	Oxford (H)		Oxf C	Oxon
7	L	Satchwell	7.86	Radley	10 June 2007		Oxon
8	Danielle	Anderson	7.52	Oxford (H)		Oxf C	Oxon
9	B	Alsworth	7.36	Radley	10 June 2007		Oxon
10	Kandi	Harris	7.28	Hemel Hempstead	28 April 2007	Rad	Oxon

Discus (1.0kg)

UK TARGET: 32.00m

SOUTH EAST TARGET: 26.00m

1	Nionah	Ntaranga	23.84	Kings Lynn		Oxf C	Oxon
2	J	Woodward	18.88	Radley	10 June 2007		Oxon
3	E	Read	16.61	Radley	10 June 2007		Oxon
4	Rebekah	Donald	16.43	Guildford	20 May 2007	Rad	Oxon
5	L	Humphries	16.22	Radley	10 June 2007		Oxon
6	Emily	Dobson	15.41	Bournemouth	22 July 2007	Rad	Oxon
7	Katie	Wright	15.25	Oxford (H)	01 July 2007	Bic	Oxon
8	Lauren	Mullins	15.16	Abingdon		Abing	Oxon
9	E	Goode	14.91	Radley	10 June 2007		Oxon
10	Shona	Stanley	14.64	Stourport		Wit	Oxon

Hammer (3.0kg)

1	Gina	Cole	12.95	Abingdon		Rad	Oxon
2	Sophie	Henderson	8.95	Perivale		Rad	Oxon

Javelin (600gm)

1	Danielle	Anderson	38.99	Woodford	28 April 2007	Oxf C	Oxon
UK TARGET: 33.50m							
SOUTH EAST TARGET: 29.00m							
2	Nionah	Ntaranga	18.80	Banbury	27 May 2007	Oxf C	Oxon
3	Nicole	Burger	18.64	Southampton	06 May 2007	Bic	Oxon
4	E	Phipkin	18.01	Radley	10 June 2007		Oxon
5	Hannah	Warne	17.62	Banbury	27 May 2007	WHH	Oxon
6	Rachel	Hancox	17.32	Salisbury	07 July 2007	Rad	Oxon
7	Lily	Cartwright	16.95	Kingston	20 May 2007	Abing	Oxon
8	Jemma	Gregory	16.83	Kingston	20 May 2007	Abing	Oxon
9	Katerina	Johnson	16.45	Abingdon		Rad	Oxon
10	Melissa	Hawtin	15.90	Watford	22 July 2007	Oxf C	Oxon

Pentathlon

UK TARGET: 2875							
1	Rebecca	Littlewood	2626	Nuneaton	24 June 2007	Oxf C	Oxon
SOUTH EAST TARGET: 2500							
2	Jemma	Gregory	2199	Nuneaton	24 June 2007	Abing	Oxon
3	Alice	Parsons	1733	Street	29 April 2007	Wit	Oxon

OXFORDSHIRE ATHLETICS ASSOCIATION

WOMENS' UNDER 17 YEARS AGE GROUP.

EVENT	Name	Surname	Performance	Venue	Date	Club	County
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100m

UK TARGET: 12.03							
1	Catherine	Hawkes	12.20	Hemel Hempstead	01 July 2007	VoA	Bucks
PROGRESS REVIEW LEVEL: 12.29							
SOUTH EAST TARGET: 12.3							
2	Claire	Butler	12.54	Abingdon		Wit	Oxon
3	Lisa	Connel	12.70	Tipton	15 April 2007	Enf & Haringey	Oxon
	Olivia	Elder	12.70	Radley	10 June 2007	Rad	Oxon
5	Leanne	Buehling	13.00	Brierley Hill		Banb	Oxon
6	Charlotte	Cole	13.10	Radley	10 June 2007		Oxon
7	Dorcas	Wright	13.20	Oxford (H)	12 May 2007	Enf & Haringey	Oxon
	Antonia	Kam	13.20	Abingdon		Rad	Oxon
9	Hannah	Webster	13.50	Radley	10 June 2007	Oxf C	Oxon
	Kirsty	Warland	13.50	Oxford (H)	07 April 2007	Oxf C	Oxon
	Natalie	Delahunty	13.50	Tamworth		Oxf C	Oxon

200m

UK TARGET: 24.56							
1	Catherine	Hawkes	25.00	Hemel Hempstead	24 June 2007	VoA	Bucks
PROGRESS REVIEW LEVEL: 25.1							
SOUTH EAST TARGET: 25.5							
2	Claire	Butler	26.20	Brierley Hill		Wit	Oxon
3	Charlotte	Cole	26.30	Radley	10 June 2007		Oxon
4	Lisa	Connel	26.40	Tipton	15 April 2007	Enf & Haringey	Oxon
5	Olivia	Elder	26.50	Radley	10 June 2007	Rad	Oxon
6	Dorcas	Wright	26.60	Bournemouth	06 May 2007	Enf & Haringey	Oxon
7	Hannah	Webster	27.30	Radley	10 June 2007	Oxf C	Oxon
	Leanne	Buehling	27.30	Abingdon		Banb	Oxon
9	Amelia	Swan	27.60	Rugby	17 June 2007	Oxf C	Oxon
10	Charlotte	Cole	27.70	Oxford (H)	13 May 2007	Chen	Oxon

300m

UK TARGET: 39.95							
PROGRESS REVIEW LEVEL: 40.8							
1	Claire	Butler	41.40	Abingdon		Wit	Oxon
SOUTH EAST TARGET: 41.6							
2	Sophie	Tyers	41.80	Radley	10 June 2007	Rad	Oxon
3	Bea	Swords	42.00	Oxford (H)		Oxf C	Oxon
4	Dorcas	Wright	42.20	Oxford (H)	13 May 2007	Enf & Haringey	Oxon
5	Katherine	Smith	42.90	Oxford (H)	10 June 2007	Wit	Oxon
6	Amelia	Swan	43.80	Kingston	20 May 2007	Oxf C	Oxon
7	Olivia	Elder	44.30	Abingdon		Rad	Oxon
8	Leanne	Beuhling	44.70	Abingdon		Banb	Oxon
9	Alice	Parsons	45.20	Oxford (H)	13 May 2007	Wit	Oxon
10	B	Gibson	46.80	Radley	10 June 2007		Oxon
	Francesca	Rousell	46.80	Oxford (H)	12 May 2007	Banb	Oxon
	Hannah	Webster	46.80	Oxford (H)		Oxf C	Oxon

800m

UK TARGET: 2:10.75							
PROGRESS REVIEW LEVEL: 2:15.0							
1	Bea	Swords	2.12.75	Manchester (Str)	24 July 2007	Oxf C	Oxon
2	Sophie	Tyers	2.13.60	Watford	27 June 2007	Rad	Oxon
SOUTH EAST TARGET: 2:16.0							
3	Emma	Grant	2.17.40	Radley	10 June 2007	Rad	Oxon
4	Katherine	Smith	2.28.70	Dudley		Wit	Oxon
5	Caitlin	Bradley	2.35.00	Salisbury	24 June 2007	Bic	Oxon
6	Tanya	Morgan	2.36.10	Reading	03 June 2007	Banb	Oxon
7	Emily	Patrick	2.41.10	Rugby	17 June 2007	Oxf C	Oxon
8	Sacha	Mills	2.41.50	Radley	10 June 2007		Oxon
9	Megan	Roberts	2.42.90	Banbury	27 May 2007	Rad	Oxon
10	Sacha	Garay	2.47.70	Bournemouth	28 April 2007	Wit	Oxon

1500m

UK TARGET: 4:32.0							
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PROGRESS REVIEW LEVEL: 4:38.0**SOUTH EAST TARGET: 4:44.0**

1	Bea	Swords	4.46.50	Manchester (Str)	07 May 2007	Oxf C	Oxon
2	Sophie	Tyers	4.59.10	Radley	10 June 2007	Rad	Oxon
3	Caitlin	Bradley	5.16.80	Oxford (H)	01 July 2007	Bic	Oxon
4	Tanya	Morgan	5.21.00	Oxford (H)	01 July 2007	Banb	Oxon
5	Katherine	Smith	5.21.70	Oxford (H)	01 July 2007	Wit	Oxon
6	Megan	Roberts	5.33.70	Abingdon		Rad	Oxon
7	Lizzie	Berg	5.48.00	Oxford (H)	13 May 2007	Oxf C	Oxon
8	Louise	Taplin	5.48.60	Oxford (H)	01 July 2007	Gor & Wall	Oxon
9	Emily	Patrick	5.52.80	Oxford (H)		Oxf C	Oxon
10	Charlotte	Drummond	6.03.20	Banbury	08 July 2007	Banb	Oxon

3000m**UK TARGET: 10:03.0****PROGRESS REVIEW LEVEL: 10:20.0****SOUTH EAST TARGET: 10:45.0**

1	Sarah	Davies	11.29.30	Woodford	28 April 2007	Oxf C	Oxon
2	Hayley	Chaundy	11.46.40	Oxford (H)	13 May 2007	Oxf C	Oxon
3	Megan	Roberts	11.49.60	Havering	28 July 2007	Rad	Oxon
4	Lizzie	Berg	12.30.40	Oxford (H)	12 May 2007	Oxf C	Oxon
5	Emily	Patrick	13.08.40	Kingston	20 May 2007	Oxf C	Oxon

80m Hurdles**UK TARGET: 11.57****PROGRESS REVIEW LEVEL: 11.9****SOUTH EAST TARGET: 12.15**

1	Kirsty	Warland	11.80	Kingston	20 May 2007	Oxf C	Oxon
2	H	Jung	13.20	Radley	10 June 2007		Oxon
3	Eleanor	Jeffreys	13.40	Abingdon		Rad	Oxon
4	Rebecca	Sutherland	13.60	Bournemouth	24 June 2007	Rad	Oxon
5	R	Huxtable	14.10	Radley	10 June 2007		Oxon
6	C	Maine	15.00	Radley	10 June 2007		Oxon
7	Charlotte	Drummond	15.10	Banbury	08 July 2007	Banb	Oxon
8	Katie	Hunt	15.40	Banbury	16 May 2007	Bic	Oxon
9	Amelia	Swan	17.00	Braunton	11 June 2007	Oxf C	Oxon
10	Millie	Holdsworthy	17.40	Havering	28 July 2007	Rad	Oxon

300m Hurdles**UK TARGET: 44.2****PROGRESS REVIEW LEVEL: 45.5****SOUTH EAST TARGET: 46.9**

1	Eleanor	Jeffreys	47.10	Salisbury	24 June 2007	Rad	Oxon
2	Kirsty	Warland	51.20	Kingston	20 May 2007	Oxf C	Oxon
3	R	Huxtable	51.90	Radley	10 June 2007		Oxon
4	Emily	Patrick	56.00	Oxford (H)	13 May 2007	Oxf C	Oxon
5	Megan	Roberts	59.60	Abingdon		Rad	Oxon
6	Jackie	Lai	70.30	Oxford (H)	03 June 2007	Oxf C	Oxon

High Jump**UK TARGET: 1.71m****PROGRESS REVIEW LEVEL: 1.67m****SOUTH EAST TARGET: 1.63m**

1	Rebecca	Sutherland	1.49	High Wycombe	03 June 2007	Rad	Oxon
2	V	Oldenshaw	1.41	Radley	10 June 2007		Oxon
3	Sophie	Tyers	1.40	Salisbury	20 June 2007	Rad	Oxon
	Alice	Parsons	1.40	Abingdon		Wit	Oxon
5	A	Fish	1.38	Radley	10 June 2007		Oxon
6	Megan	Roberts	1.25	Plymouth	19 May 2007	Rad	Oxon
	Emily	Patrick	1.25	Oxford (H)	01 July 2007	Oxf C	Oxon
8	Jackie	Lai	1.10	Oxford (H)	01 July 2007	Oxf C	Oxon
9	Sophie	Evans	1.05	Reading	07 July 2007	Oxf C	Oxon

Pole Vault**UK TARGET: 3.30m****PROGRESS REVIEW LEVEL: 3.00m****SOUTH EAST TARGET: 2.60m**

1	Jade	Clarke	1.70	Woodford	28 April 2007	Oxf C	Oxon
2	Rebecca	Sunderland	1.15	Abingdon		Rad	Oxon

Long Jump**UK TARGET: 5.68m****PROGRESS REVIEW LEVEL: 5.50m**

SOUTH EAST TARGET: 5.25m							
1	Natalie	Delahunty	5.18	Abingdon		Oxf C	Oxon
2	Charlotte	Barnham	4.74	Radley	10 June 2007	Rad	Oxon
3	Sacha	Garay	4.43	Radley	10 June 2007	Wit	Oxon
4	Alice	Vaughn-Fowler	4.40	Radley	10 June 2007	Oxf C	Oxon
5	Katherine	Smith	4.31	Cheltenham	07 May 2007	Wit	Oxon
6	Milly	Holdsworth	4.27	Oxford (H)	06 May 2007	Rad	Oxon
7	Claire	Butler	4.10	Dudley		Wit	Oxon
8	M	Hunt	4.03	Radley	10 June 2007		Oxon
9	Nikki	Holloway	3.96	Southampton	06 May 2007	Bic	Oxon
	Antonia	Kam	3.96	Oxford (H)	13 May 2007	Rad	Oxon

Triple Jump

UK TARGET: 11.55m							
PROGRESS REVIEW LEVEL: 11.20m							
SOUTH EAST TARGET: 10.90m							
1	Natalie	Delahunty	10.91	Eastbourne	19 May 2007	Oxf C	Oxon
2	Charlotte	Barnham	9.97	Radley	10 June 2007	Rad	Oxon
3	Nikki	Holloway	9.48	Banbury	22 July 2007	Bic	Oxon
4	Rebecca	Sunderland	9.03	High Wycombe	03 June 2007	Rad	Oxon
5	Beth	Snowdon	8.91	Guildford	20 May 2007	Rad	Oxon
6	Caitlin	Bradley	8.35	Oxford (H)	01 July 2007	Bic	Oxon
7	H	Chilcott	5.32	Radley	10 June 2007		Oxon

Shot (4.0kg)

UK TARGET: 11.40m							
PROGRESS REVIEW LEVEL: 10.75M							
SOUTH EAST TARGET: 9.80 m							
1	F	Warner	7.77	Radley	10 June 2007		Oxon
2	Aislinn	Baird	7.61	Braintree	07 July 2007	Rad	Oxon
3	Megan	Roberts	7.24	High Wycombe	03 June 2007	Rad	Oxon
4	Antonia	Kam	7.14	Abingdon		Rad	Oxon
5	Olivia	Elder	6.98	Salisbury	07 July 2007	Rad	Oxon
6	Alice	Vaughn-Fowler	6.97	Oxford (H)	12 May 2007	Oxf C	Oxon
7	Emily	Patrick	6.92	Rugby	17 June 2007	Oxf C	Oxon
8	Beth	Snowdon	6.64	Oxford (H)	06 May 2007	Rad	Oxon
9	Alice	Parsons	6.37	Oxford (H)	13 May 2007	Wit	Oxon
10	Jade	Hewlett	6.07	Oxford (H)	01 July 2007	Wit	Oxon

Discus (1.0kg)

UK TARGET: 38.00 m							
PROGRESS LEVEL REVIEW: 35.00 m							
SOUTH EAST TARGET: 32.00 m							
1	Bethan	Snowdon	27.41	Bournemouth	22 July 2007	Rad	Oxon
2	Aislinn	Baird	24.22	Abingdon		Rad	Oxon
3	J	McKendry	20.60	Radley	10 June 2007		Oxon
4	Sacha	Garay	18.71	Stourport		Wit	Oxon
5	Louise	Taplin	18.21	Oxford (H)	01 July 2007	Gor & Wall	Oxon
6	Alice	Vaughn-Fowler	18.16	Radley	10 June 2007	Oxf C	Oxon
7	Sophie	Evans	16.18	Banbury	27 May 2007	Oxf C	Oxon
8	Antonia	Kam	15.52	Abingdon		Rad	Oxon
9	Emily	Hicks	14.88	Southampton	06 May 2007	Banb	Oxon
10	Rebecca	Sunderland	14.28	Abingdon		Rad	Oxon

Hammer (4.0kg)

UK TARGET: 41.00 m							
PROGRESS LEVEL REVIEW: 37.50 m							
SOUTH EAST TARGET: 30.00 m							
1	Aislinn	Baird	22.60	Hemel Hempstead	28 April 2007	Rad	Oxon
2	Beth	Snowdon	19.83	Abingdon		Rad	Oxon
3	Jade	Clarke	6.37	Watford	06 May 2007	Oxf C	Oxon

Javelin (600gm)

UK TARGET: 38.50 m							
PROGRESS LEVEL REVIEW: 37.00 m							
SOUTH EAST TARGET: 33.00 m							
1	Aislinn	Baird	28.78	Plymouth	19 May 2007	Rad	Oxon
2	Alice	Vaughn-Fowler	22.47	Oxford (H)	03 June 2007	Oxf C	Oxon
3	Emily	Patrick	21.91	Kings Lynn		Oxf C	Oxon
4	N	Uzzell	21.41	Radley	10 June 2007		Oxon
5	Charlotte	Drummond	21.20	Banbury	08 July 2007	Banb	Oxon
6	Katie	Brooker	21.01	Woking	22 April 2007	Gor & Wall	Oxon
7	Sacha	Garay	18.89	Oxford (H)	13 May 2007	Wit	Oxon

8	L	Unia	17.62	Radley	10 June 2007		Oxon
9	Katherine	Smith	17.04	Abingdon		Wit	Oxon
10	Sophie	Evans	14.17	Oxford (H)	01 July 2007	Oxf C	Oxon

OXFORDSHIRE ATHLETICS ASSOCIATION

WOMENS' UNDER 20 YEARS AGE GROUP.

EVENT	Name	Surname	Performance	Venue	Date	Club	County
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100m

UK TARGET: 11.85							
PROGRESS REVIEW LEVEL: 12.1							
SOUTH EAST TARGET: 12.25							
1	Tara	Kafke	12.30	Horsham	02 June 2007	Rad	Oxon
	Claire	Triggs	12.30	London (LV)	29 April 2007	Enf & Haringey	Oxon
3	Becky	Saunders-Clarke	12.70	Bournemouth	22 April 2007	Enf & Haringey	Oxon
4	Alysia	Codrington	12.80	Tipton	15 April 2007	Enf & Haringey	Oxon
	Lauren	Grace	12.80	Radley	10 June 2007	Rad	Oxon
6	Teresa	Andrews	12.90	Yeovil		Rad	Oxon
7	Caroline	Waddell	13.30	Worcester	29 April 2007	Banb	Oxon
8	Athena	Bolton	13.60	Bournemouth	19 May 2007	Abing	Oxon
9	Hayley	Luke	13.70	Braunton	02 May 2007	Oxf C	Oxon
10	Alice	McGill	13.80	Oxford (H)	12 May 2007	Banb	Oxon

200m

UK TARGET: 24.2							
PROGRESS REVIEW LEVEL: 24.9							
SOUTH EAST TARGET: 25.0							
1	Claire	Triggs	24.70	Bedford	10 June 2007	Enf & Haringey	Oxon
2	Alysia	Codrington	25.60	Oxford (H)	13 May 2007	Enf & Haringey	Oxon
	Tara	Kafke	25.60	Oxford (H)	02 June 2007	Rad	Oxon
4	Lauren	Grace	25.80	Radley	10 June 2007	Rad	Oxon
5	Beth	Hampson	26.30		23 June 2007	Abing	Oxon
6	Teresa	Andrews	26.66	Street	09 May 2007	Rad	Oxon
7	Caroline	Waddell	26.70	Oxford (H)	13 May 2007	Banb	Oxon
8	Becky	Saunders-Clarke	26.80	Bournemouth	22 April 2007	Enf & Haringey	Oxon
9	Hayley	Luke	27.90	Nuneaton	24 June 2007	Oxf C	Oxon
10	Alice	McGill	28.40	Radley	10 June 2007	Banb	Oxon

400m

1	Claire	Triggs	55.28	London (CP)	17 June 2007	Enf & Haringey	Oxon
UK TARGET: 56.0							
PROGRESS REVIEW LEVEL: 57.5							
SOUTH EAST TARGET: 58.2							
2	Alysia	Codrington	59.00	Radley	10 June 2007	Enf & Haringey	Oxon
3	Tara	Kafke	60.70	Abingdon		Rad	Oxon
4	Lauren	Tolmie	62.60	Radley	10 June 2007	Rad	Oxon
5	Emily	Binner	66.10	Oxford (H)	12 May 2007	Oxford Univ	Oxon
6	Caroline	Waddell	67.30	Worcester	29 April 2007	Banb	Oxon
	Islay	Thorne	69.40	Abingdon		Rad	Oxon
7	Georgina	Newell	70.10	Brierley Hill		Banb	Oxon

800m

NATIONAL TARGET: 2:08.0							
PROGRESS REVIEW LEVEL: 2:13.0							
SOUTH EAST TARGET: 2:11.0							
1	Carolyn	Plateau	2.08.25	London (CP)		Rad	Oxon
2	Lauren	Tolmie	2.22.00	Horsham	02 June 2007	Rad	Oxon
3	Hayley	Pearce	2.28.90	Radley	10 June 2007		Oxon
4	Hayley	Luke	2.30.00	Rugby	17 June 2007	Oxf C	Oxon
5	Hayley	Chaundy	2.31.50	Braunton	02 June 2007	Oxf C	Oxon
6	Beth	Hampson	2.33.70		23 June 2007	Abing	Oxon
7	Jodie	Kafke	2.38.20	Bournemouth	28 April 2007	Rad	Oxon
8	Georgina	Newell	2.42.30	Oxford (H)	12 May 2007	Banb	Oxon
9	Kelly	Daly	2.44.10	Bournemouth	28 April 2007	Rad	Oxon
10	Hannah	Roberts	3.22.20	Braintree	07 July 2007	Rad	Oxon

1500m

NATIONAL TARGET: 4:24.0							
PROGRESS REVIEW LEVEL: 4:36.0							
SOUTH EAST TARGET: 4:35.0							
1	Carolyn	Plateau	4.50.00	Braintree	07 July 2007	Rad	Oxon
2	Hayley	Chaundy	5.22.90	Oxford (H)	13 May 2007	Oxf C	Oxon

3	Jennifer	Graham	5.28.10	Horsham	02 June 2007	Rad	Oxon
4	Lauren	Tolmie	5.28.40	Horsham	02 June 2007	Rad	Oxon
5	Georgina	Newell	5.31.70	Banbury	08 July 2007	Banb	Oxon
6	Victoria	Wells	6.06.80	Oxford (H)	13 May 2007	Banb	Oxon
7	Hannah	Roberts	6.37.30	Abingdon		Rad	Oxon

3000m

UK TARGET: 9:42.0							
PROGRESS REVIEW LEVEL: 10.00.0							
SOUTH EAST TARGET: 10:20.0							
1	Anne	Edwards	11.35.50	Oxford (H)	13 May 2007	Headington RR	Oxon
2	Hayley	Chaundy	11.46.40	Oxford (H)	13 May 2007	Oxf C	Oxon
3	Victoria	Wells	12.56.00	Oxford (H)	13 May 2007	Banb	Oxon
4	Hannah	Roberts	14.16.10	Braintree	07 July 2007	Rad	Oxon

100m Hurdles

1	Lucy	Boggis	14.34	London (CP)	17 June 2007	Rad	Oxon
UK TARGET: 14.35							
2	Alice	McGill	15.63	Abingdon		Banb	Oxon
PROGRESS REVIEW LEVEL: 15.0							
3	Hayley	Luke	16.00	Eastbourne	19 May 2007	Oxf C	Oxon
	Beth	Hampson	16.00	Radley	10 June 2007	Abing	Oxon
SOUTH EAST TARGET: 16.0							
5	Becky	Saunders-Clarke	16.10	Radley	10 June 2007	Enf & Haringey	Oxon
6	Stacey	Middleton	20.53	London (LV)	21 April 2007	Rad	Oxon
7	Chloe	Thorne	22.60	Bournemouth	19 May 2007	Rad	Oxon
8	Athena	Bolton	26.50		28 April 2007	Abing	Oxon

400m Hurdles

UK TARGET: 62.5							
PROGRESS REVIEW LEVEL: 65.0							
SOUTH EAST TARGET: 65.5							
1	Lauren	Tolmie	70.93	Abingdon		Rad	Oxon
2	Islay	Thorne	71.80	Hemel Hempstead	28 April 2007	Rad	Oxon
3	Hayley	Luke	72.60	Portsmouth		Oxf C	Oxon
4	Beth	Hampson	72.90	Cheltenham	07 May 2007	Abing	Oxon
5	Sophie	Murrell	74.60	Banbury	08 July 2007	Banb	Oxon
6	Hayley	Chaundy	82.20	Eastbourne	19 May 2007	Oxf C	Oxon
7	Chloe	Thorne	103.70	Bournemouth	19 May 2007	Rad	Oxon

High Jump

UK TARGET: 1.75m							
PROGRESS REVIEW LEVEL: 1.70m							
SOUTH EAST TARGET: 1.66m							
1	Lucy	Boggis	1.63	Woodford	19 May 2007	Rad	Oxon
2	Hayley	Luke	1.55	Portsmouth		Oxf C	Oxon
3	Beth	Hampson	1.45		23 June 2007	Abing	Oxon
4	Victoria	Wells	1.30	Worcester	29 April 2007	Banb	Oxon
5	Sophie	Murrell	1.25	Banbury	08 July 2007	Banb	Oxon

Pole Vault

UK TARGET: 3.45m							
PROGRESS REVIEW LEVEL: 3.20m							
SOUTH EAST TARGET: 2.81m							
1	Amy	Peacock	2.40	Portsmouth		Banb	Oxon
2	Hayley	Luke	1.60	Braunton	02 June 2007	Oxf C	Oxon
3	Islay	Thorne	1.10	Plymouth	19 May 2007	Rad	Oxon
	Stacey	Middleton	1.10	Havering	28 July 2007	Rad	Oxon

Long Jump

UK TARGET: 5.85m							
PROGRESS REVIEW LEVEL: 5.60m							
SOUTH EAST TARGET: 5.30m							
1	Lucy	Boggis	5.24	Oxford (H)	12 May 2007	Rad	Oxon
2	Stacey	Middleton	5.09	Abingdon		Rad	Oxon
3	Aimee	Chisnell	5.07	Oxford (H)	12 May 2007	Abing	Oxon
4	Beth	Hampson	4.98	Oxford (H)	12 May 2007	Abing	Oxon
5	Alice	McGill	4.95	Tamworth		Banb	Oxon
6	Hayley	Luke	4.84	Oxford (H)		Oxf C	Oxon
7	Islay	Thorne	4.54	Plymouth	19 May 2007	Rad	Oxon
8	Georgina	Newell	3.95	Brierley Hill		Banb	Oxon
9	S	Lee	3.90	Radley	10 June 2007		Oxon
10	Hayley	Chaundy	3.89	Reading	07 July 2007	Oxf C	Oxon

Triple Jump

UK TARGET: 12.10m							
PROGRESS REVIEW LEVEL: 11.50m							
SOUTH EAST TARGET: 11.15m							
1	Stacey	Middleton	10.77	Oxford (IR)	13 June 2007	Rad	Oxon
2	Alice	McGill	10.55	Radley	10 June 2007	Banb	Oxon
3	Hayley	Luke	10.34	Eastbourne	19 May 2007	Oxf C	Oxon
4	Islay	Thorne	9.49	Plymouth	19 May 2007	Rad	Oxon
5	Hayley	Chaundy	8.35	Reading	07 July 2007	Oxf C	Oxon

Shot (4.0kg)

UK TARGET: 12.40m							
PROGRESS REVIEW LEVEL: 12.00m							
SOUTH EAST TARGET: 10.50m							
1	Lucy	Boggis	11.35	Oxford (H)	12 May 2007	Rad	Oxon
2	Emma	Sutton	9.05	Kings Lynn		Oxf C	Oxon
3	S	Kele	8.79	Radley	10 June 2007		Oxon
4	Tasha	Trigger	8.78	Abingdon		Banb	Oxon
5	Hannah	Bryan	8.17	Oxford (H)	12 May 2007	Banb	Oxon
6	Hayley	Luke	7.94	Exeter		Oxf C	Oxon
7	Beth	Hampson	7.74			Abing	Oxon
8	Athena	Bolton	5.78		28 April 2007	Abing	Oxon

Discus (1.0kg)

UK TARGET: 42.00m							
PROGRESS REVIEW LEVEL: 38.00m							
SOUTH EAST TARGET: 33.00m							
1	Emma	Sutton	32.98	Reading	07 July 2007	Oxf C	Oxon
2	Tasha	Trigger	31.57	Portsmouth		Banb	Oxon
3	Chloe	Thorne	24.99	Bournemouth	28 April 2007	Rad	Oxon
4	Athena	Bolton	12.53		28 April 2007	Abing	Oxon

Hammer (4.0kg)

UK TARGET 48.50m							
PROGRESS LEVEL REVIEW: 41.00m							
SOUTH EAST TARGET: 35.00m							
1	Emma	Sutton	34.57	Kings Lynn		Oxf C	Oxon
2	Chloe	Thorne	24.82	Bournemouth	19 May 2007	Rad	Oxon
3	Amanda	Smith	15.95	Bournemouth	22 April 2007	Wit	Oxon

Javelin (600gm)

1	Dani	Summers	42.15	Birmingham	01 July 2007	Read	Berks
UK TARGET: 42.00m							
PROGRESS REVIEW LEVEL: 39.00m							
2	Lucy	Boggis	37.70	Woodford	20 May 2007	Rad	Oxon
SOUTH EAST TARGET: 37.00m							
3	Amy	Peacock	36.02	Abingdon		Banb	Oxon
4	Hannah	Bryan	34.55	Brierley Hill		Banb	Oxon
5	Hayley	Luke	28.90	Kings Lynn		Oxf C	Oxon
6	Beth	Hampson	12.53		28 April 2007	Abing	Oxon
7	Amanda	Smith	11.87	Oxford (H)	13 May 2007	Wit	Oxon

Heptathlon

1	Lucy	Boggis	5013	Woodford	20 May 2007	Rad	Oxon
UK TARGET: 4500							
PROGRESS REVIEW LEVEL: 3900							
2	Hayley	Luke	3878	Exeter		Oxf C	Oxon
3	Beth	Hampson	3687	Nuneaton	23 June 2007	Abing	Oxon
SOUTH EAST TARGET: 2500							

OXFORDSHIRE ATHLETICS ASSOCIATION

SENIOR & VETERAN WOMENS' AGE GROUPS

EVENT	Name	Surname	Performance	Cat	Venue	Date	Club
100m							
UK TARGET: 11.48							
1	Molly	Russell	12.13	Sen	Northridge CA, USA		Rad
2	Martine	Bomb	12.53	Sen	Cambridge	19 May 2007	Oxford Univ
3	Kay	Reynolds	12.90	Vet	Abingdon		Rad
4	Dominique	Smith	13.60	Sen	Oxford (H)	12 May 2007	Oxford Univ
5	Sally	Hughes	13.70	Sen	Oxford (H)	12 May 2007	Oxford Univ
6	Stephanie	Madgett	13.90	Sen	Oxford (H)	12 May 2007	Oxford Univ
7	Clara	Barnett	14.10	Sen	Oxford (H)	12 May 2007	Oxford Univ
8	Claire	Bazeley	14.70	Sen	Banbury	08 July 2007	Banb
9	Adeline	Kam	14.80	Vet	Abingdon		Rad
10	Polly	Owens	14.90	Sen	Braunton	02 June 2007	Oxf C
200m							
UK TARGET: 23.55							
1	Mollie	Russell	25.50	Sen	La Jolla CA, USA	02 April 2007	Rad
2	Martine	Bomb	25.86	Sen	Cambridge	19 May 2007	Oxford Univ
3	Paula	Woodland	26.60	Sen	Portsmouth		Rad
4	Kay	Reynolds	27.00	Vet	Ashford		Rad
5	Alice	McGill	27.90	Sen	Worcester	29 April 2007	Banb
6	Athena	Bolton	28.70	Sen	Bournemouth	19 May 2007	Abing
7	Polly	Owens	31.20	Sen	Braunton	02 June 2007	Oxf C
8	Krystina	Radley	31.60	Sen	Rugby	17 June 2007	Oxf C
9	Adeline	Kam	32.80	Vet	Abingdon		Rad
10	Lucy	Garrod	33.00	Vet	Abingdon	16 July 2007	Abing
400m							
UK TARGET: 52.90							
1	Martine	Bomb	56.67	Sen	Monaco, MON	08 June 2007	Rad
2	Kay	Reynolds	62.70	Vet	Bracknell	18 June 2007	Rad
3	Rebecca	Bolton	63.50	Sen	Oxford (H)		Oxf C
4	Jana	Rieck	63.90	Sen	Oxford (H)	12 May 2007	Oxford Univ
5	Paula	Woodland	64.54	Sen	London (LV)	21 April 2007	Rad
6	Claire	Bazeley	66.80	Sen	Banbury	08 July 2007	Banb
7	Lucy	Bourne	67.70	Sen	Oxford (H)	12 May 2007	Rad
8	Polly	Owens	68.80	Sen	Rugby	17 June 2007	Oxf C
9	Gwyneth	Hueter	73.20	Vet	Abing	14 April 2007	Rad
10	Ann	Morrison	75.20	Vet	Abing	14 April 2007	Abing
800m							
UK TARGET: 2:02.7							
1	Hannah	England	2.03.92	Sen	Loughborough	20 May 2007	Oxf C
2	Frances	Briscoe	2.16.86	Sen	Watford	11 July 2007	WHH
3	Lorna	King	2.24.00	Sen	Perivale		Rad
4	Josephine	Rhodes	2.25.40	Sen	Cheltenham	18 July 2007	WHH
5	Rebecca	Bolton	2.31.10	Sen	Oxford (H)		Oxf C
6	Zoe	Barber	2.32.10	Sen	Oxford (H)	12 May 2007	Oxford Univ
7	Sarah	Davies	2.37.70	Sen	Eastbourne	19 May 2007	Oxf C
8	Roz	Kelling	2.39.20	Vet	Worcester	29 April 2007	Banb
9	Michelle	Pank	2.39.80	Sen	Abingdon		Rad
10	Lucy	Bourne	2.44.40	Sen	Horsham	02 June 2007	Rad
1500m							
1	Hannah	England	4.12.44	Sen	Manchester (SC)	09 June 2007	Oxf C
UK TARGET: 4.13.0							
2	Frances	Briscoe	4.32.15	Vet	Watford	30 June 2007	WHH
3	Courtney	Birch	4.33.87	Sen	Watford	30 June 2007	Oxford Univ
4	Lorna	King	4.35.01	Sen	Loughborough	16 May 2007	Rad
5	Josephine	Rhodes	4.36.36	Sen	Solihull	21 July 2007	WHH
6	Laura	Kite	4.54.10	Sen	Oxford (H)	13 May 2007	Oxford Univ
7	Sarah	Davies	5.07.80	Sen	Oxford (H)		Oxf C
8	Roz	Kelling	5.13.50	Vet	Worcester	29 April 2007	Banb
9	Tracey	Gilbraith	5.13.80	Vet	Bournemouth	19 May 2007	Rad
10	Gwyneth	Hueter	5.32.60	Vet	Bracknell	18 June 2007	Rad

3000m

1	Lorna	King	9.52.40	Sen	Loughborough	30 May 2007	Rad
2	Josephine	Rhodes	9.55.90	Sen	Watford		WHH
3	Tracey	Galbraith	10.54.50	Vet	Bournemouth	19 May 2007	Rad
4	Sarah	Davies	11.08.20	Sen	Kings Lynn	28 June 2007	Oxf C
5	Michelle	Bartlett	11.28.60	Vet	Banbury	08 July 2007	Banb
6	Michelle	Pank	11.38.40	Sen	Abingdon		Rad
7	Gwyneth	Hueter	12.22.00	Vet	Oxford (H)	21 May 2007	Rad
8	Roz	Kelling	12.43.40	Vet	Worcester	29 April 2007	Banb
9	Claire	Palman-Brown	12.45.80	Vet	Braunton	02 June 2007	Oxf C
10	Trish	Wilson	12.53.90	Vet	Oxford (H)	21 May 2007	Abing

5000m**UK TARGET: 15:55.0**

1	Courtney	Birch	16.52.75	Sen	Manchester (SC)	09 June 2007	Oxford Univ
2	Alison	Crocker	17.53.30	Sen	Cambridge	19 May 2007	Oxford Univ
3	Cathy	Ansell	18.17.00	Sen	Cambridge	19 May 2007	Oxford Univ
4	Rachael	Elliot	18.35.40	Sen	Oxford (H)	13 May 2007	Team K
5	Jessica	Leitch	18.37.34	Sen	Cambridge	19 May 2007	Oxford Univ
6	Josephine	Rhodes	19.05.09	Sen	Bedford	27 May 2007	WHH
7	Sarah	Davies	19.23.00	Sen	Oxford (H)	12 May 2007	Oxf C
8	Ann	Rostem	20.31.50	Vet	Abingdon	16 July 2007	Abing
9	Gyneth	Hueter	21.29.20	Vet	Abingdon	16 July 2007	Oxf C
10	Trish	Wilson	22.37.80	Vet	Abingdon	16 July 2007	Abing

10000m**UK TARGET: 34:00.0****3000m S/Chase****80m Hurdles**

1	Jackie	Charles	17.7	Vet	Oxford (H)	12 May 2007	Rad
2	Margaret	Coombes	19.2	Vet	Oxford (H)	12 May 2007	Banb

100m Hurdles**UK TARGET: 13.58**

1	Martine	Bomb	14.38	Sen	Monaco, MON	09 June 2007	Rad
2	Kay	Reynolds	14.40	Vet	Havering	28 July 2007	Rad
3	Jenny	Truelove	15.30	Sen	Milton Keynes		Mil K
4	Sally	Hughes	16.60	Sen	Cambridge	19 May 2007	Oxford Univ
5	Oginkansola	Johnson-Shollock	17.20	Sen	Oxford (H)	13 May 2007	Oxford Univ
6	Paula	Woodland	17.60	Sen	Plymouth	19 May 2007	Rad
7	Rachel	Brenton	17.90	Sen	Braintree	07 July 2007	Rad
8	Claire	Goodwin	19.90	Sen	Oxford (H)	13 May 2007	Banb
9	Gemma	Byrne	20.00	Sen	Abingdon		Rad
10	Polly	Owens	20.90	Sen	Woodford	28 April 2007	Oxf C

400m Hurdles**UK TARGET: 58.3**

1	Martine	Bomb	60.72	Sen	Monaco, MON	08 June 2007	Rad
2	Paula	Woodland	66.10	Sen	Portsmouth		Rad
3	Sally	Hughes	66.68	Sen	Bedford	23 June 2007	Oxford Univ
4	Jana	Reick	67.10	Sen	Oxford (H)	28 April 2007	Ton
5	Roz	Kelling	76.20	Vet	Worcester	29 April 2007	Banb
6	Gwyneth	Hueter	78.30	Vet	Oxford (H)	12 May 2007	Oxf C
7	Claire	Palman-Brown	82.10	Vet	Kings Lynn		Oxf C
8	Lucy	Bourne	86.60	Sen	Braintree	07-Jul	Rad
9	Polly	Owens	87.70	Sen	Woodford	28 April 2007	Oxf C
10	Gemma	Byrne	91.90	Sen	Salisbury	07 July 2007	Rad

2000m Walk

1	Noel	Blatchford	12.41.10	Vet	Abingdon	16 July 2007	Abing
2	Gina	Lodowski	12.57.60	Vet	Abingdon	16 July 2007	Abing
3	Roz	McKenzie	13.27.80	Vet	Oxford (H)	21 May 2007	Abing
4	Marie	Carrick	13.28.70	Vet	Abingdon	16 July 2007	Abing
5	Angela	Godfrey	14.59.30	Vet	Ashford		Rad
6	Jackie	Wharton	15.57.20	Vet	Abingdon		Rad
7	Gill	Woodland	15.59.60	Vet	Ashford		Rad

High Jump**UK TARGET: 1.82m**

1	Frances	Smithson	1.70	Sen	Oxford (H)	27 June 2007	Oxford Univ
2	Liz	Murphy	1.63	Sen	Cambridge	19 May 2007	Oxford Univ

3	Jenny	Truelove	1.60	Sen	Peterborough	16 May 2007	Mil K
4	Kay	Reynolds	1.55	Vet	Oxford (IR)	13 June 2007	Rad
5	Rachel	Brenton	1.40	Sen	London (LV)	21 April 2007	Rad
	Katherine	Mitchell	1.40	Sen	Abingdon		Abing
7	Gemma	Byrne	1.30	Sen	Abingdon		Rad
	Gwyneth	Hueter	1.30	Vet	Ashford		Rad
9	Sam	Ahmet	1.25	Sen	Bournemouth	28 April 2007	Rad
10	Polly	Owens	1.20	Sen	Woodford	28 April 2007	Oxf C
	Claire	Goodwin	1.20	Sen	Banbury	08 June 2007	Banb

Pole Vault

UK TARGET 3.94m							
1	Jenny	Truelove	3.60	Sen	Eton	28 July 2007	Mil K
2	Elizabeth	Hammond	2.40	Sen	Oxford (H)		Oxford Univ
3	Maria	Cecire	2.10	Sen	Oxford (H)	13 May 2007	Oxford Univ
4	Jocelyn	Baker	1.90	Sen	Oxford (H)	13 May 2007	Oxford Univ
	Margaret	Coombe	1.90	Vet	Worcester	29 July 2007	Banb
6	Kay	Reynolds	1.70	Vet	Horsham	02 June 2007	Rad
7	Sam	Ahmet	1.10	Sen	Bournemouth	28 April 2007	Rad
	Rachel	Brenton	1.10	Sen	Hemel Hempstead	28 April 2007	Rad
	Jess	Lacey	1.10	Sen	Bournemouth	28 April 2007	Rad
	Isobel	Miller	1.10	Vet	Salisbury	07 July 2007	Rad

Long Jump

UK TARGET: 6.20m							
1	Rachel	Brenton	5.72	Sen	Perivale		Rad
2	Imogen	Miles	5.56	Sen	London (CP)	17 June 2007	Cardiff
3	Liz	Murphy	5.50	Sen	Oxford (H)	24 June 2007	Oxford Univ
4	Stephanie	Madgett	5.37	Sen	Cambridge	19 May 2007	WSEH
5	Frances	Smithson	5.10	Sen	Oxford (H)		Oxford Univ
6	Paula	Woodland	4.54	Sen	Plymouth	19 May 2007	Rad
7	Katherine	Mitchell	4.33	Sen	Abingdon	19 May 2007	Abing
8	Gemma	Byrne	4.32	Sen	Abingdon		Rad
9	Sam	Ahmet	3.97	Sen	Abingdon		Rad
10	Gwyneth	Hueter	3.71	Vet	Abingdon	14 April 2007	Rad

Triple Jump

UK TARGET: 12.75m							
1	Frances	Smithson	12.07	Sen	Cambridge	19 May 2007	Oxford Univ
2	Imogen	Miles	11.95	Sen	Bedford	24 June 2007	Cardiff
3	Rachel	Brenton	11.17	Sen	Salisbury	07 July 2007	Rad
4	Liz	Murphy	11.09	Sen	Cambridge	19 May 2007	Oxford Univ
5	Tracy	Howells	10.23	Sen	Carshalton	28 April 2007	Rad
6	Paula	Woodland	8.05	Sen	Plymouth	19 May 2007	Rad
7	Lyn	Ahmet	8.05	Vet	Ashford		Rad
8	Jackie	Charles	7.89	Vet	Bournemouth	19 May 2007	Rad
9	Gemma	Byrne	7.89	Sen	Salisbury	07 July 2007	Rad
10	Polly	Owens	7.52	Sen	Braunton	02 June 2007	Oxf C

Shot (3.0kg)

1	Diane	Mitchell	7.42	Vet	Abingdon	16 July 2007	Abing
2	Jackie	Charles	7.05	Vet	Abingdon	16 July 2007	Rad
3	Viv	Branch	6.97	Vet	Abingdon	16 July 2007	Rad
4	Liz	Evans	5.49	Vet	Oxford (H)	21 May 2007	Abing
5	Gill	Woodland	4.73	Vet	Ashford		Rad
6	Noel	Blatchford	4.64	Vet	Oxford (H)	21 May 2007	Abing

Shot (4.0kg)

UK TARGET: 14.60m							
1	Liz	Murphy	11.02	Sen	Abingdon		Oxford Univ
2	Natasha	Mighty	10.97	Vet	Abingdon		Rad
3	R	Stone	9.92	Sen	Cambridge	19 May 2007	Oxford Univ
4	Kay	Reynolds	9.52	Vet	Hemel Hempstead	28 April 2007	Rad
5	Katherine	Mitchell	8.76	Sen	Bournemouth	19 May 2007	Abing
6	Jess	Lacey	8.21	Sen	Bournemouth	28 April 2007	Rad
7	Lesley	Roberts	7.95	Vet	Oxford (H)	21 May 2007	Rad
8	Rachel	Brenton	7.74	Sen	Horsham	02 June 2007	Rad
9	Rebecca	Cowderoy	7.69	Sen	Oxford (H)	13 May 2007	Banb
10	Tracy	Cooper	7.52	Vet	Braunton	02 June 2007	Oxf C

Discus (1.0kg)

UK TARGET: 48.00m							
1	Dominic	Lord	33.89	Sen	Abingdon		Rad

2	Hannah	Hogben	31.81	Sen	Oxford (H)	27 June 2007	Ashf
3	Rebecca	Cowderoy	30.61	Sen	Bedford	06 May 2007	Banb
4	Hannah	Tartaglia	28.25	Sen	Abingdon		Rad
5	Natasha	Mighty	25.13	Vet	Oxford (H)	21 May 2007	Rad
6	Jess	Lacey	22.64	Sen	Bournemouth	28 April 2007	Rad
7	Claire	Palman-Brown	21.70	Vet	Kings Lynn		Oxf C
8	Katherine	Mitchell	21.51	Sen	Abingdon	19 May 2007	Abing
9	Rachel	Brenton	21.48	Sen	Hemel Hempstead	28 April 2007	Rad
10	Tracy	Cooper	18.83	Vet	Tamworth		Oxf C

Hammer (3.0kg)

1	Viv	Branch	20.76	Vet	Bracknell	18 June 2007	Rad
2	Diane	Mitchell	18.14	Vet	Abingdon	14 April 2007	Abing
3	Gill	Woodland	15.56	Vet	Bracknell	18 June 2007	Rad
4	Margaret	Hancox	15.21	Vet	Abingdon	14 May 2007	Abing

Hammer (4.0kg)

UK TARGET: 57.00m

1	Chanda	Kapande	44.66	Sen	Antrim	16 June 2007	Oxford Univ
2	Hannah	Hogben	39.80	Sen	Oxford (H)		Ashf
3	Louise	Steele	31.42	Sen	Oxford (H)	12 May 2007	Oxford Univ
4	Susan	Hillman	30.05	Vet	Banbury	08 July 2007	Banb
5	Adeline	Kam	28.44	Vet	Havering	28 July 2007	Rad
6	Natasha	Mighty	28.30	Vet	Abingdon		Rad
7	Jackie	Cunningham	26.32	Vet	Oxford (H)	13 May 2007	Banb
8	Lesley	Roberts	23.51	Vet	Abingdon	14 April 2007	Rad
9	Sam	Ahmet	22.49	Sen	Abingdon		Rad
10	Rebecca	Cowderoy	20.10	Sen	Worcester	29 April 2007	Banb

Javelin (400gm)

1	Margaret	Hancox	15.81	Vet	Abingdon	14 April 2007	Abing
2	Rose	Webb	13.69	Vet	Abingdon		Rad
3	Eileen	Kear	6.18	Vet	Abingdon	14 April 2007	Rad

Javelin (500gm)

1	Margaret	Coombe	23.59	Vet	Oxford (H)	13 May 2007	Banb
2	Diane	Mitchell	16.36	Vet	Abingdon	14 April 2007	Abing
3	Jackie	Charles	18.48	Vet	Oxford (H)	12 May 2007	Rad
4	Viv	Branch	15.68	Vet	Abingdon	14 April 2007	Rad
5	Gwyneth	Hueter	6.49	Vet	Ashford		Rad

Javelin (600gm)

UK TARGET: 48.00m

1	Katherine	Mitchell	33.14	Sen	Bournemouth	19 May 2007	Abingdon
2	Liz	Murphy	33.11	Sen	Cambridge	19 May 2007	Oxford Univ
3	R	Stone	32.03	Sen	Cambridge	19 May 2007	Oxford Univ
4	Kay	Reynolds	30.55	Vet	Oxford (H)	13 May 2007	Rad
5	Frances	Smithson	30.06	Sen	Oxford (H)		WSEH
6	Samantha	Molyneux	28.86	Sen	Oxford (H)	13 May 2007	Oxford Univ
7	Jess	Lacey	28.08	Sen	Bournemouth	19 May 2007	Rad
8	Natasha	Mighty	28.06	Vet	Abingdon		Rad
9	Rachel	Brenton	24.83	Sen	Salisbury	07 July 2007	Rad
10	Gemma	Byrne	24.78	Sen	Bournemouth	28 April 2007	Rad

Heptathlon

UK TARGET: 5300

1	Kay	Reynolds	4368	Vet	Oxford (H)	08 July 2007	Rad
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